

(TMI Newsletter – July 20, 2013)

REMEMBERING CAROL DE LA HERRAN

Among the many messages we received from the TMI family—of support, encouragement, and later, condolences—were a flood of loving memories. We want to share a few of them with you.



From Patty Ray Avalon

Photos: at the Professional Seminar, Carol and members experience an exercise from the Creative Flow workshop.



From Frank DeMarco:

When I think of Carol, I associate her not only with TMI, but with my first experiences of her, both of which involved healing and energy work.

In 1998, she was one of the teachers of a Reiki I course I attended. Her attunement, as it is called, moved me deeply. It felt like what I had expected the Sacraments to feel like, when I was a boy. Indeed, I sometimes said it was my first experience of a Sacrament.

Then a few years later, Carol and I were among a dozen or so participants at our mutual friend Nancy Dorman's. For many years, Nancy held what she called an "energy exchange" once a month, and people paired up to do whatever healing modality they preferred. I well remember lying on my back on the massage table with my eyes closed, and feeling, without any uncertainty, Carol's hands a foot and a half above my body, balancing chakras. (I opened an eye to be sure her hands were where I was feeling them, and they were.) Never experienced that before or after.

Neither experience should be surprising, in light of the fact that she ran a Reiki Center in Spain for decades, among all her other activities.

And now, on this, Independence Day, she has freed herself from the limitations of life on earth, and moves on to other things. Join me in raising a virtual glass and wishing her bon voyage.

From Deborah Sachs:

To my good friend Carol



My dear and fantastic friend...I am writing this little paper to say thank you for being in my life those last years...You brought color and hope... incentive and happiness... creative ideas and funny situations...And most of all you shared a wonderful friendship that I will never forget...

I very well remember you in my group.. during our ORCA together...in 1999. And all those years after that picture when we strengthened our friendship...We took all opportunities to share experiences...you in Spain...and me in Brasil...Doing the new design for Advanced Workshops...all the ideas and plans...And lately sharing what was happening after so many Advanced Workshops done...



And years passed, you left Europe and came back to USA...Got a new position and continued doing the good work...Expanding the Monroe workshops out in several continents of the World Supporting all Outreach Trainers in the path Bob Monroe asked us to pursue. Giving orientation and guidance to old and new trainers...enlarging the Monroe family...Opening more opportunities to new Residential Trainers to get accredited...Making The Monroe Institute stronger and well known everywhere...

I do remember our last picture together...And this was at the Professional Division Seminar in 2012...You were so happy with so many plans... and several came to reality...

We could feel not only your sweetness but also your strong capacity on doing all that TMI needed...I do think you will be connected to this Monroe family forever...Wherever you can see us from... and work with us daily...As a friend, guide, inspiration, dream, and most of all wonderful example...

My good friend, continue your journey where all of us one day will be together...

with love and admiration, your friend,

Deborah Sachs

TMI OUTREACH Facilitator and Residential Trainer, Professional Division member

From Lídia Salas Ros

Buenas noches, una amiga me ha comentado el reciente deceso de Carol y desearía, si es posible, recibir ese newsletter dedicado a ella.

Lo que puedo decir de Carol es que la conocí en Madrid en el año 2009. Coincidimos como ponentes en el primer Congreso de Reiki y congeniamos inmediatamente.

Descubrí a una Carol abierta, alegre y deseosa de compartir sus experiencias.

Me contó como fue pionera del Reiki en España y me abrió al mundo fascinante de Hemi-Sync®, que yo desconocía en aquel momento. Desde entonces utilizo los CD's que me aconsejó y que considero imprescindibles para mis cursos y terapias,

Agradezco al universo que la pusiera en mi camino. Siempre la tendré en mi recuerdo y en mi corazón.

Gracias

From Fay and Skip Atwater

1. Backpacking on Mounte Perdido, Spain
2. Carol and Skip filming TV special in Spain
3. Carol meeting Hal Puthoff
4. in Madrid
5. Carol and Skip at the remote viewing conference, Virginia Beach
6. Fay and Carol on Lost Mountain







From Daniel Chumillas

I met Carol Sabick some years ago. We shared the excitement of seeing the big changes that Excursion produced to the participants. I organized her Excursion programs for some years in Madrid (Spain). I remember our conversations about The Monroe Institute, the great potential to improve people's awareness and, the most important to me, her giving me the encouragement to become a facilitator. I had the gift of being her assistant at the first Gateway in Spain. I remember that I met Robert Monroe in a Focus and he told me I was going to be a member of TMI family. When I shared this experience with Carol she said - Then, let's get down to business - and she personally arranged everything for me and became my mentor, too.

I also remember with special love my Reiki Mastery from her and Teresa Garcia.

The last time I met Carol at TMI, and in spite of her busy schedule, we talked and talked for some hours. We got excited about some possible projects linked to Spain. However, due to some personal issues, these projects had to be postponed. Fortunately, thanks to TMI's technology and thanks to Carol's Reiki teachings, I have been able to overcome these issues and leave them behind. I am truly convinced that Carol is now going to keep on working spiritually in our projects, and that she is going to give us all her support so as to make these projects come true.

Besides these lovely memories I also treasure a touching legacy that she entrusted me while sharing our enthusiasm for TMI in Spain. Now, more than ever, I feel honored by these, and I also feel, very deeply, the duty to help these dreams become real.

With love,
Daniel Chumillas
Gateway Outreach Facilitator
Editor of "Viajes fuera del cuerpo, Robert Monroe" (Palmyra, 2008)

From Marisol Pérez

My family and me are deeply grateful to Carol for bringing Hemi-Sync from The Monroe Institute to Spain and Europe. This made it for many of us here possible to experience Robert Monroe's legacy without travelling too far.

Carol also inspired me to become a facilitator for TMI and find enough courage and dedication to hold TMI weekend courses, too. I have had my most profound spiritual experiences on TMI programmes.

But Carol was too the best support for our family in times of grief, when our dearest older son was murdered. She was teacher, trainer, mentor and, finally, friend. We missed her badly since she moved to Virginia. And now, when she passed away, the feeling is stronger. I write a blog in honour of our departed son where I talk with him about what we are living without him. This is the post where I told him a special signal that I heartily believe was send by Carol in order to stop me crying. Sorry for not translating, we are not at home for a fortnight.

All our best regards
Marisol Pérez
Facilitadora Monroe